

CANCER RESILIENT BODY MASTER CLASS

MODULE 1 - WHAT IS CANCER?

Presented By:
Michael Karlfeldt, ND, PhD

CANCER RESILIENT BODY MASTER CLASS

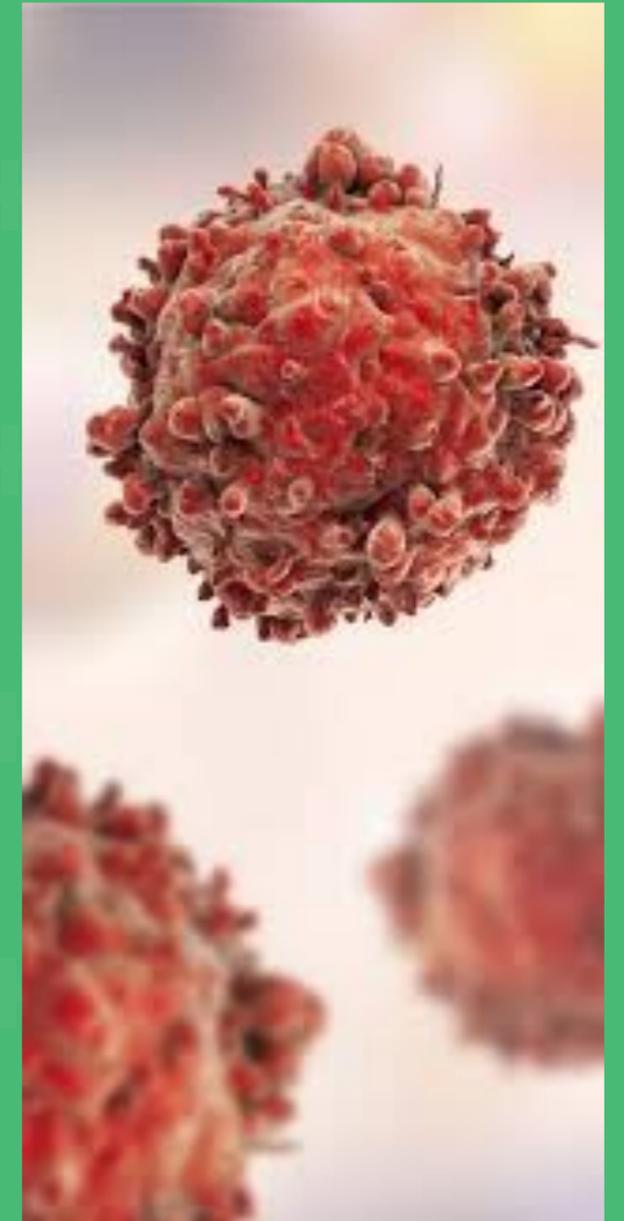
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MICHAEL KARLFELDT, ND, PHD



WHAT IS CANCER?

- Various cells cease to function properly -> begin to multiply uncontrollably + failing to mature and die off
- It has many forms and many causes, and therefore there is no simple cure.
- Cancer cells are produced in the body every day
- These cells are identified and eliminated by the body's immune system and by pancreatin, an enzyme produced in the pancreas



5 Major Categories

- **Carcinomas** are cancers that occur in the epithelial cells covering the surface of the skin, mouth, nose, throat, lung airways, and genitourinary and gastrointestinal tracts, and also line the breast, thyroid, and other glands.
- **Sarcomas** are cancers that originate in bones and/or soft connective
- **Leukemias** are cancers characterized by abnormal white blood cells which originate in the blood and bone marrow
- **Lymphomas** are cancers of the lymph glands. They typically are composed of abnormal white blood cells called lymphocytes that form tumors in the lymph glands.
- **Myelomas** are cancers of a type of white blood cells known as plasma cells.

- The Cancer Genome Atlas (TCGA) successfully sequenced 10,000 tumors, uncovering nearly 10 million genetic mutations in the tumors failing to discover any genetic patterns that might lead for a cure for cancer
- The health of the genes is dependent on the health of the mitochondria
- What matters is not so much the genes themselves, but whether or not they are switched on.
- The mitochondria controls genetic repair, genetic expression and the cell death switch (apoptosis)

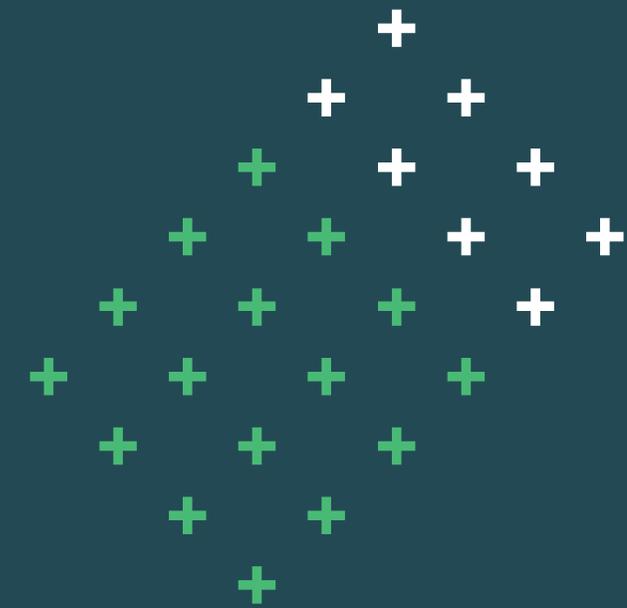
Cancer as a genetic disease

Genes vs Mitochondria

- Transfer of a tumor cell nucleus (genetic) into a cell with healthy mitochondria created healthy cells
- Transfer of a normal cell nucleus (genetic) into a tumor cell cytoplasm with dysfunctional mitochondria produces dead cells or tumor cells
- The results suggest that nuclear genomic defects alone cannot account for the origin of tumors and that normal mitochondria can suppress tumorigenesis [production of malignant tumors]
- The genomic damage in tumor cells is a result of dysfunctional mitochondria

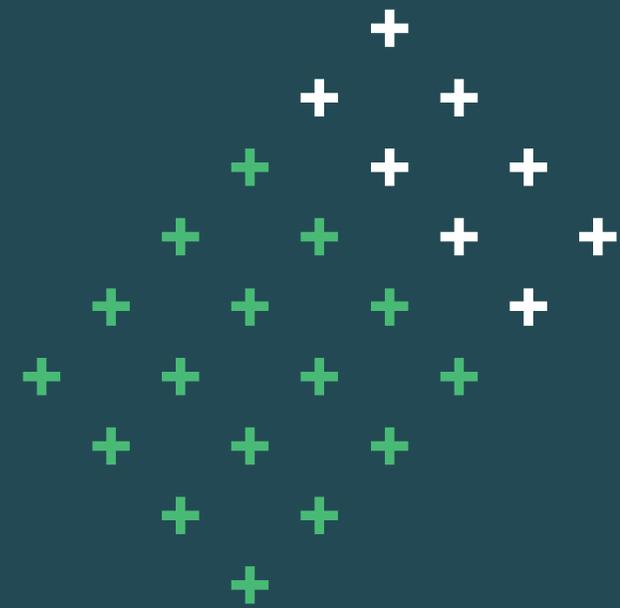
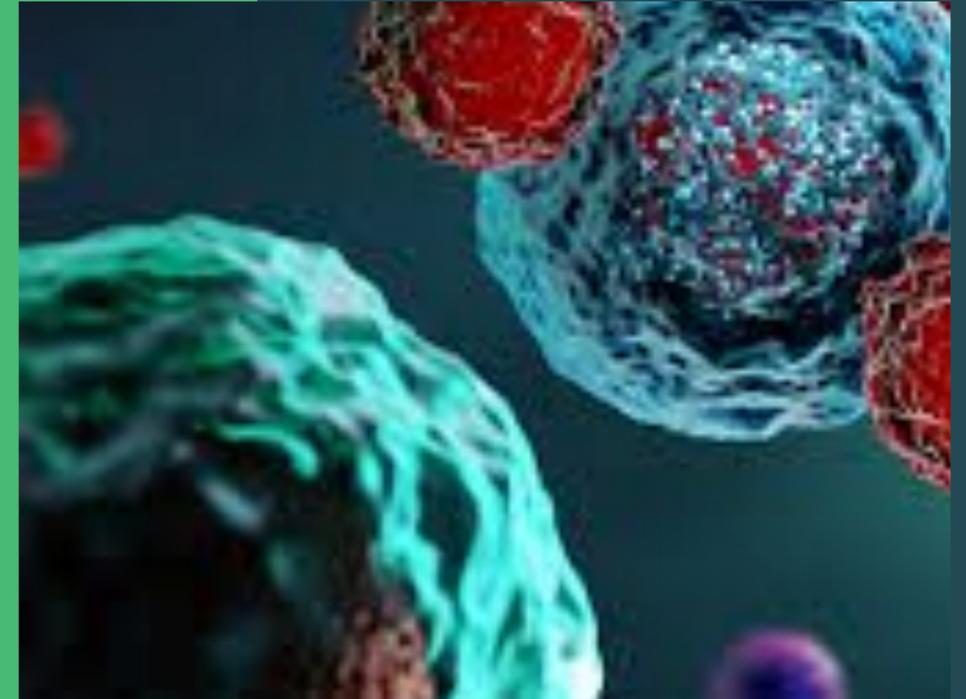
- More than 100 oncogenes have thus far been discovered within the human genome - *Why are they there????*
- Cancer cells are surprisingly well-coordinated for cells that are supposed to be the result of strictly random mutation
- Early life-forms existed as unicellular, asexual, immortal, non-specialized organisms, exhibited genomic instability and executed simple fermentation for sustenance. They survived in an environment comprised of high radiation, free radicals, low oxygen and, low pH.
- Cancer is the logical result of decades' worth of cell shock/damage/adaptation to environmental poisoning, nutrient deprivation and psycho-spiritual and/or emotional stress
- Cancer is a symptom of a bodily milieu gone awry; the environment of the cell has become inhospitable to normal cell function, and in order to survive, the cell undergoes profound genetic changes associated with the cancerous personality (phenotype).

Cancer as a survival mechanism

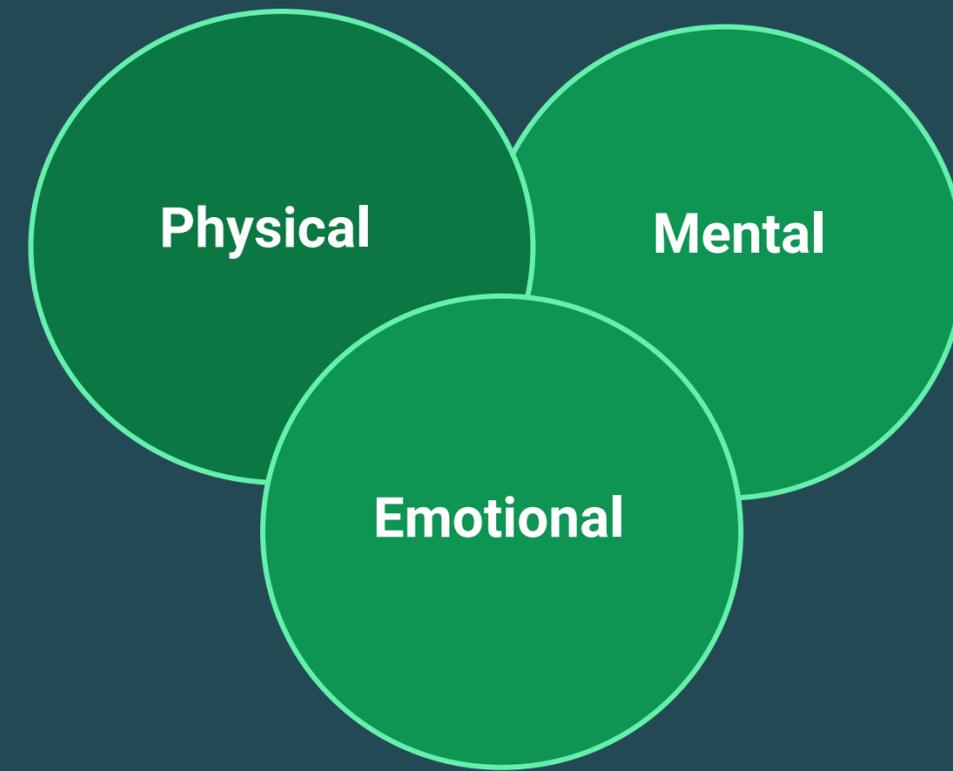


Conclusion

- Cancer is due to an inhospitable milieu for the cell
- This milieu damages a vulnerable mitochondria and triggers turning on of oncogenes to support cellular survival
- The primitive cells that endured and sustained in a nutrient-deprived and extreme environment display striking similarities with the hallmark characteristics of a malignant cell.



Stepping Beyond Survival



Changing the Milieu



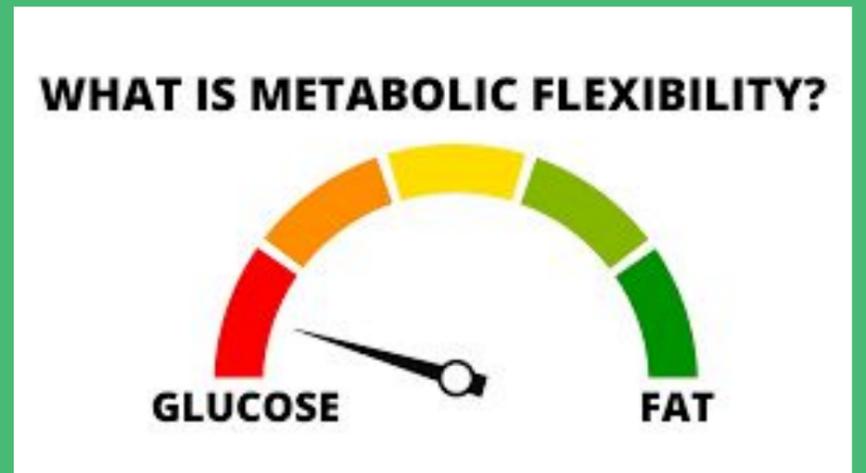
- Removing interferences – Toxins, Pathogens
- Cellular metabolic flexibility
- Vitalism
- Epigenetic Programming

REMOVING INTERFERENCES

- Opening Detox Pathways – Colon, Kidneys, Lungs, Skin
- Identifying interferences – Labs, Biofeedback testing
- Identifying energy resources – nutrition, endocrine
- Prioritizing

- Metabolic flexibility is your body's ability to adapt and efficiently use different fuel sources, such as fats and carbohydrates.
 - Intermittent fasting or time-restricted eating
 - Diversify your diet
 - Regular physical exercise, particularly a mix of aerobic and resistance training
 - Sleep and stress management
 - Meditation
 - Deep Breathing

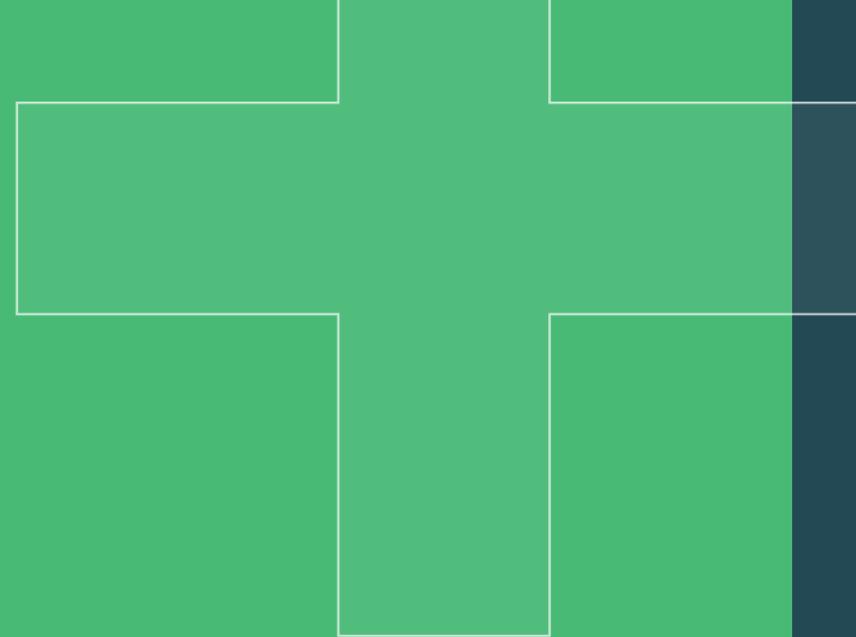
Metabolic Flexibility



Vitalism



- Life force beyond physical cellular reactions
- Life force in living food and herbs
- Life force through movement
- Life force through spiritual connection
- Life force through mindset and heartset
- The body's innate healing power and intelligence
- Trusting the inner doctor
- Therapies that support the intelligence



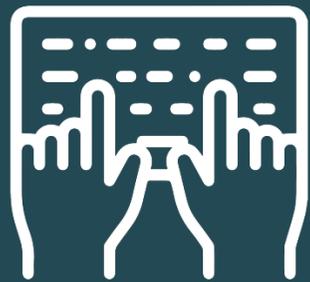
What's Next?

Module 2: Assessing Your Risk and Status

Decoding the Indicators and Personalizing Your Approach

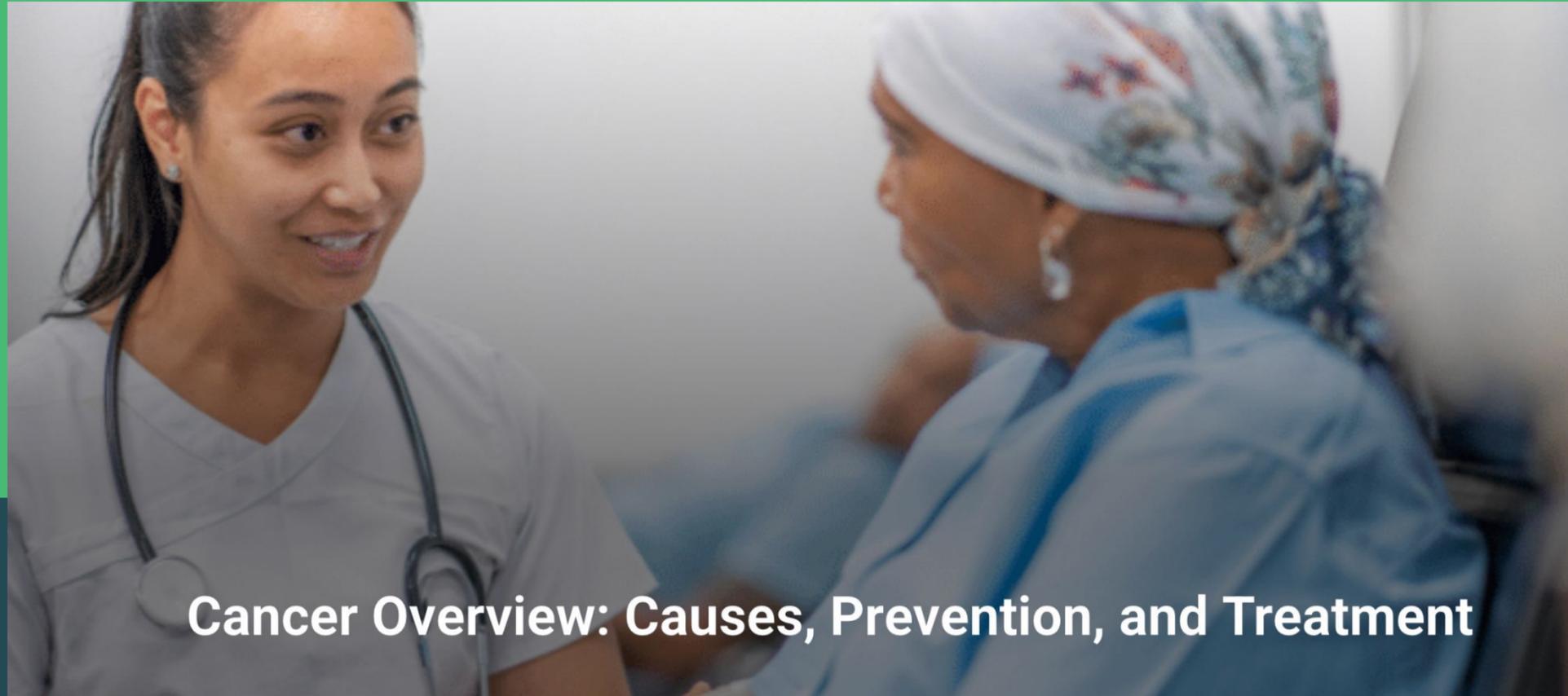
Knowing where you stand is the first step to charting a successful path forward. This module provides a comprehensive look at the various assessments, tests, and personal inventories that can give a holistic view of one's cancer risk and current status.

Q and A

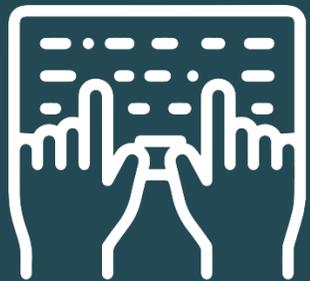


Please type in your questions in the chat or Q and A section

<https://drtalks.com/blog/cancer-causes-prevention-and-treatment/>



Cancer Overview: Causes, Prevention, and Treatment



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Takeaways

1. **Cancer** is a disease where body cells grow uncontrollably and spread. There



many types and can develop differently in men and women.

Early detection of cancer increases your chances of survival. Awareness of early symptoms, such as chronic fatigue, unexplained weight change, and chronic coughing, can be lifesaving.

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 Join the discussion

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Bret Gregory 1 hour ago

Admin

This topic is very important to me as I lost my 34 year old brother, Eric to Non-small Cell Carcinoma in 2006. So many of us have lost someone close or know someone who has lost a loved one to cancer. Eric was in the prime of his life having just received his PhD and ironically accepted a post doc fellowship at the Burnham Institute for Cancer Research – studying the very illness he succumbed to.

I'm so grateful to Drs. Eliaz and Karlfeldt for putting on the Cancer Breakthroughs Summit <https://drtalks.com/cancer-breakthroughs-summit/> to get this critical new information out to those who need it most.

The summit had New breakthroughs in personalized precision medicine, the latest technologies in innovative cancer care, to fasting, food as medicine, the power of a healing community, and ancient modalities and healing techniques. I believe tens of thousands of people are better off now having watched and participated in this summit. THANK YOU Dr. Karlfeldt and Eliaz.



MICHAEL KARLFELDT
ND, PhD

Access the Cancer Breakthroughs Summit

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